CAPRESE SALAD:

1 1/2 cups cherry tomatoes  
1/2 cup fresh mozzarella, sliced or chopped  
1 Tbsp fresh basil, chopped  
2 Tbsp olive oil  
kosher salt and pepper to taste

Combine all of the salad ingredients in a small bowl. Stir gently until fully combined.

Caprese salad: 100 calories, 9g fat, 1.5g net carbs, 4g protein