**Baked Sweet Potato Recipe (Serves 4)**

This is how a friend of mine who hates to cook prepares her sweet potatoes for Thanksgiving:

4-6 medium sweet potatoes

Wash and dry sweet potatoes, arrange them on a foil-lined baking sheet and slip them into the oven about 45 minutes before the turkey is done. Bake until the potatoes are tender. Cover with foil until ready to serve. To eat, slice the potatoes open and garnish with condiments such as butter and a little brown sugar, or enjoy them just as they are.

[​Mother Earth News](https://www.motherearthnews.com/real-food/thanksgiving-recipes-for-two-zmaz00onzgoe?utm_source=wcemail&utm_medium=email&utm_campaign=men%20slcs%20enews%2011.27.19&utm_term=men_slcs_enews&_wcsid=7ec0bb8f0d5922921c1d1e4b4e9fb42fb5aeed200a2c0bc9#headline6)