**Five Minute Ice Cream**

A fast way to make delicious ice cream without compromising quality. Use any frozen fruit in place of the strawberries. This is a quick recipe to WOW company who drop by.

By Pamela Euless-Barker

Recipe Summary

Prep:

5 mins

Total:

5 mins

Servings:

4

Yield:

4 Servings

Original recipe yields 4 servings

Ingredients

1 (10 ounce) package frozen sliced strawberries

½ cup sugar

⅔ cup heavy cream

Directions

Step 1

Combine the frozen strawberries and sugar in a food processor or blender. Process until the fruit is roughly chopped. With the processor running, slowly pour in the heavy cream until fully incorporated. Serve immediately, or freeze for up to one week.

Nutrition Facts

Per Serving: 258 calories; protein 1.1g; carbohydrates 32.5g; fat 14.8g; cholesterol 54.3mg; sodium 16.5mg. Full Nutrition

<https://www.allrecipes.com/recipe/50050/five-minute-ice-cream/>